

Skylands First Aid Training

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Skylands First Aid provides companies, charities and organisations with in-house first aid training. Our training courses provide a combination of theoretical knowledge and practical sessions that are designed to develop ability and most importantly confidence in practical first aid skills. We tailor our training schedules and styles to suit your specific needs and timescales.

All our instructors have a wealth of experience in their subject knowledge, they come from an operational first aid background – including Paramedics, Nurses, Military Medics and Fire Fighters. Our First Aid training is fully approved by the Health & Safety Executive.

Emergency First Aid (1 day course. £80.00 per person)

This Emergency First Aid Course can be adapted to suit a particular audience and is ideal for people requiring Appointed Person status, in accordance with the Health and Safety (First Aid) Regulations. The one day course includes both theory and practical sessions within a relaxed atmosphere that is designed to promote confidence.

The Emergency First Aid syllabus includes:

- First Aid Priorities
- Unconsciousness
- Examining a Casualty
- Regulations
- Burns and Scalds
- Basic Life Support
- First Aid Kits
- Control of Bleeding
- Managing Incidents
- Recording & Reporting

Certification is dependent on successful continuous assessment of the student. There is no formal final examination. Those students who complete the course and are deemed to have reached the required standard are issued with a certificate that is valid for a period of three years.

First Aid at Work (FAAW) (3 day course. £230.00 per person)

This is a full Health and Safety Executive (HSE) approved First Aid at Work course, in accordance with the Health and Safety (First Aid) Regulations 1981. Once qualified, holders of this First Aid at Work certificate can be used as First Aiders in the workplace in accordance with the Health and Safety at Work Act 1974.

This course can be adapted to suit a particular audience, for example, sports people, clerical or engineering staff. The First Aid at Work course is run over three days and includes both theory and practical sessions. By arrangement the course can be run on non-consecutive days, for example - one day a week over three weeks.

The First Aid at Work Syllabus Includes:

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|-----------------------------|-----------------------|---------------------------|
| - First Aid Priorities | - Control of Bleeding | - Eye Injuries |
| - Managing Incidents | - Fractures | - Dressings |
| - Basic Life Support | - Burns and Scalds | - Recording and Reporting |
| - Examination of a Casualty | - Common Illnesses | - Regulations |
| - Unconsciousness | - Heart Attacks | - First Aid Kits |

Students are independently examined on the final afternoon of the course. Upon successful completion certification is valid for three years. (Please see First Aid at Work Re-qualification course.)

First Aid at Work Requalification Course (2 day course. £230.00 per person)

Please note that candidates attending this course must be in possession of a valid (not out of date by more than 28 days) First Aid at Work certificate. This course is run over two-days and allows for re-certification of First Aid at Work qualified staff. By arrangement the course can be run on non-consecutive days, for example - one day a week over two weeks. The criteria are the same as for the initial three-day course.

The First Aid at Work Requalification Syllabus Includes is the same as the original FAW Course.

For further information please contact us.