



## Inspirational Coaching Support

Like any relationship, the bond you develop with your horse requires work and commitment. Success can leave you feeling on top of the world but when you hit a problem it can be hard to know how best to move forwards.

At Skylands, we understand this. Our coaching approach does not focus on standard ways of working and traditional 'lessons'. Coaching is about listening as much as telling, experimenting as much as dictating. Coaching is working hard about developing trust and understanding to get to long term improvements.

We take pride in building strong relationships between horses and riders. Our approach offers intensive, individual support, working towards specific goals. We offer you the exact support you need to get the best out of your horse - whether your goal is Badminton or mastering the perfect working trot.

The way to progress depends on what suits you. Each partnership is different. We work with you to maximise your strengths and iron out your weaknesses. We offer a fresh perspective to help you develop your confidence and ability. At Skylands we live by one rule – you get exactly the coaching help you need.

**Clare Turner** MSc, BHSII SM UKCC3, is responsible for the coaching at Skylands. She is a member of British Eventing's Coaching Development Team – a select group of talented coaches hand-picked for their potential to be the country's future coaching stars.

She is a BE accredited Coach who has produced horses and riders from grass roots up to International level in eventing, to Advanced Medium level dressage and to Grade B showjumping.



Clare is regular coach for Pony and Riding Club activities. She is passionate about teaching combinations of all standards and welcomes everyone to Skylands with the same infectious enthusiasm. Clare's depth of expertise and breadth of experience make it possible for her to approach each horse and rider partnership with a unique degree of flexibility and understanding.

## Why Pick Skylands?

As well as outstanding coaching, at Skylands, we have superb onsite facilities to help improve your performance in all disciplines. The atmosphere at Skylands is very friendly and comfortable. We help you set your own challenges and work out a timetable to suit you during your stay with us.

As well as top quality coaching on your horse, we can offer you the highest standards of it, in very comfortable accommodation in the Skylands farmhouse. Our expertise and hospitality ensure when you leave for home at the end of your stay, you feel refreshed and inspired. The Skylands way offers you the flexibility to create the support you need.



### At Skylands, we can offer help and training on any of the following:

Eventing (from unaffiliated – to Advanced)

Dressage (Prelim - Advanced Medium)

Showjumping

Re-schooling/rehabilitation

Showing all levels and classes

Backing/breaking

Riding and horse care exams (PC & BHS)

Confidence issues – riders and horses

Horse and pony care – all aspects

Lunging and long reigning

Loading and Trailer backing

BHS Trec

### Are you tempted by the idea of a residential stay?

At Skylands we can be very flexible in how we run a course for our guests. We limit our guest numbers to 6 for any one course. There is on-site accommodation for 6 guests in the AA 4 diamond rated 17th Century farmhouse (1 double, 2 twin rooms). Alternatively, you are welcome to stay on-site in your lorry or caravan. A sitting room, lavatories and showers are available. Campers can choose whether to bring their own food or enjoy meals in the farmhouse.

### Food at Skylands

All our food is homemade; it is locally sourced and plentiful. Please note that we are not licensed to sell alcohol but adult guests are welcome to bring their own drink with them. At the beginning of your break we plan your menu for your stay.

We offer an excellent breakfast, coffee and biscuits, lunch and afternoon tea. We do not provide an evening meal for adult courses because we have found that after time in the saddle guests prefer to head out to a local pub or restaurant to eat. Stalbridge has an excellent supermarket, butchers and 2 takeaways so food is easy to organise for those who prefer to do their own catering. There are many pubs and restaurants in the area guests who would like a night out.



**Five star living for your horse**

Horses have lovely accommodation at Skylands. We have three small yards of Monarch internal stables. Stabled horses are welcome to be turned out for a few hours during their stay in our very well maintained fields. We have many covered, secure tying up areas for horses.

**Flexibility is the key**

Groups of guests do not need to be of a similar standard to enjoy a stay at Skylands. Our individual approach means you can enjoy the company of your friends or family whilst working at your own level. If you would like to combine riding with touring, we offer half-and-half options, allowing you to ride each day and then head off into Dorset, Wiltshire or Somerset, possibly with a non-riding friend or relative. We offer superb B&B for non-riding guests and are happy to look after your horse whilst you enjoy your afternoons or evenings.

**Example Timetable**

Each group’s timetable is tailored to their requirements. This timetable gives an example day at Skylands.

**Full Day Coaching**

8.00	Horses fed	12.30	Lunch (in garden if weather permitting)
9.00	Breakfast in farmhouse	2.30	Ride
9.45	Muck out, prepare to ride	4.00	Evening stables
10.30	Ride	5.00	Afternoon tea in farmhouse or garden
12.00	Wash down & turn out if required	7.30	Dinner plans (restaurant, pub, take away)

**Clubs**

We understand that not all club members have the same budget but do like to be involved in group activities. We are not limited to set dates; you decide when the club would like to have their break and what everyone would like from their trip. We arrange everything for you. If you have a high demand from Club members we can run two courses back to back for you.

**Children and Teenagers**

We welcome groups of children and teenagers. Both riders and horses or ponies are very well cared for throughout their stay both on the equine and domestic side. Children’s’ groups require a little extra planning and that is arranged between parents and Skylands.



### **What to bring**

#### **For you**

- Riding kit
- Casual non-riding kit
- Wet/warm weather kit
- Sun tan lotion – spring and summer

#### **For your horse**

- Hay/nets
- Buckets for feed and water
- Hard feed
- Haylage if required
- All tack/rugs/grooming kit
- Spare saddle pad/numnah

### **Booking**

To book a break with Skylands simply call or e-mail to discuss your requirements. To secure your chosen dates, a completed booking form and a non-refundable deposit of £75.00 per rider is required.

### **Further Information**

If you have any further requests, please contact us:

Skylands Farm, Stalbridge, Dorset. DT10 2SW

email: [info@skylands.co.uk](mailto:info@skylands.co.uk)

**Skylands Residential Price List****2010****Adults****£**

Bed and Breakfast per night	40.00
Supplement for morning drinks & biscuits, lunch & afternoon tea	15.00
Camping in lorry per night	20.00
Stable per night and daytime grazing	15.00
Individual riding lesson	40.00
Lesson shared by 2 riders each	25.00
Group riding lesson (min 3 max 4 riders)	20.00
Hay, shavings and straw charged as used – <i>welcome to bring your own</i>	

**Under 16's Package (2 attendees)****£ 110.00 per night**

Bed and Breakfast, 3 meals and 2 snacks per day	
Stable and grazing	
2 Group lessons per day	
1 Group theory lesson per day	
Hay, shavings and straw charged as used – <i>welcome to bring your own</i>	

**Pony Club 5 Day (4 night) Course (aged 16-25) Min 6 attendees****£ 375.00 per week**

Stable and grazing	
2 Group lessons per day	
1 Group theory lesson per day	
Hay, shavings and straw charged as used – <i>welcome to bring your own</i>	
<i>*B&amp;B available for additional £25 per night if required</i>	

**Club - Per Day Course (16-25) Min 6 attendees****£65.00 per day**

Stabling	
2 Group lessons per day	
1 Group theory lesson per day	
Hay, shavings and straw charged as used – <i>welcome to bring your own</i>	

*If you have an alternative requirement please contact us.*



### Individual Booking Form

Please complete and return with a £75 deposit to Skylands, Stalbridge, Dorset DT10 2SW

All information is confidential and never passed on to a 3rd party.

Name:		DOB:	
Address:			
Postcode:		Mobile number:	
E-mail:		Course Dates:	
Do you have a special dietary requirement?			
Do you have a medical condition that we need to be aware of?			
Your Horse's Details			
Name:		Age:	
Is your horse vaccinated?	Height:	Sex:	
Do you suffer any medical conditions?			
Next of Kin details:			
Any special requirements for your horse that we should be made aware of? (shavings beds)			
Authorised signature:			
Date:			
<p><b>For Under 18s.</b> In the event of an emergency and I am not contactable, I give my permission for any medical attention required by my child or veterinary attention required by my horse/pony may be given. <i>Signed and dated:</i></p>			